



BERGEN'S TOP DOCTORS

Have you ever wondered who is the “doctor’s doctor?” Wouldn’t it be nice to know which physicians are trusted and sought out by colleagues for medical care? Although being a savvy health care consumer and researcher is a smart idea, the pursuit of such information can prove a daunting task, so MSP Communications, a leading researcher and publisher of Super Doctors, did the work for you.

MSP Communications asked doctors in Bergen to nominate one or more colleagues (excluding themselves) in the county they would choose in seeking medical care. The Super Doctors research team investigated further and searched for exceptional doctors to complement the results. Candidates were evaluated on indicators of peer recognition,

professional achievement and disciplinary history.

Doctors were grouped into 39 specialties. Professionals with the highest scores from each grouping were invited to serve on a blue ribbon panel and asked to evaluate the candidates in their specialty. Finally, doctors who acquired the highest total points from the surveys, research and blue ribbon panel review were selected for inclusion in Bergen’s Top Doctors.

Of course, no list is perfect. Many qualified doctors who are providing excellent care to their patients are not included on this year’s list. However, if you’re looking for exceptional physicians who have earned the confidence and high regard of their peers – you can start your search here.

For a complete description of the selection process, visit www.superdoctors.com.

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Standing (L to R): Donald O. Quest, MD, FACS; Michael G. Kaiser, MD, FACS, FAANS; Neil A. Feldstein, MD, FACS; Anthony L. D'Ambrosio, MD, FAANS; William S. Cobb, MD, PhD; Alfred T. Ogden, MD, FAANS
 Sitting (L to R): William Christopher Fox, MD, FAANS; Gaetan Moise, MD, FAANS; Richard C.E. Anderson, MD, FACS, FAAP
 Not pictured: Robert A. Solomon, MD, FACS, Department Chair; Dorothea Altschul, MD; Christopher J. Winfree, MD, FACS; Philip M. Meyers, MD, FAHA; E. Sander Connolly Jr., MD, FACS; Jeffrey N. Bruce, MD, FACS; Sean D. Lavine, MD, FAANS; Paul C. McCormick, MD, MPH, FAANS; Michael B. Sisti, MD, FACS

NEUROSURGEONS OF NEW JERSEY

The most sub-specialized group in the region

It is no surprise that eight neurosurgeons with the Neurosurgeons of New Jersey practice have been named "Bergen's Top Doctors" for 2015. Their unparalleled expertise in the intricacies of the nervous system is bolstered by an affiliation with one of the top five neurosurgical practices in the country, outstanding patient care provided by a multidisciplinary team, a conservative treatment philosophy and participation in cutting-edge research. This results in better outcomes for their patients.

Anthony L. D'Ambrosio, M.D., director of the Northern Neurosurgeons of New Jersey practice, explains that the group has the most sub-specialists of any neurosurgery practice in the Tri-State region. "Patients can be assured," Dr. D'Ambrosio states, "that they will be referred to a neurosurgeon in the practice who has extensive clinical experience in treating their particular medical issue." He and the seven colleagues also named top doctors – Dr. Robert A. Solomon, Dr. Richard C. E. Anderson, Dr. Neil A. Feldstein, Dr. Sean D.

Lavine, Dr. Paul C. McCormick, Dr. Gaetan Moise and Dr. Michael B. Sisti – treat patients at Valley Hospital Medical Center and several other area hospitals.

"We treat just about all pediatric and adult neurological medical issues in need of surgery," says Dr. Feldstein, pediatric neurosurgeon. Among the most common are issues related to the brain and spine and the central and peripheral nervous systems. "But we won't recommend surgery, if we feel there is another viable alternative," says Dr. McCormick, spine neurosurgeon. "That's our conservative philosophy – surgery only when necessary."

Among the practice's arsenal of tools are state-of-the-art technologies such as Gamma Knife radiosurgery, a safer option than traditional brain surgery whereby radiation therapy treats tumors and other abnormalities in the brain; BrainLAB, an intraoperative, image-guided navigation system; and TomoTherapy, a radiation delivery system for hard-to-reach tumors.

"Technology has leveled the playing field," explains Dr. Solomon, Chair of the Department of Neurosurgery at Columbia University Medical Center and specialist in the surgical treatment of cerebrovascular diseases at Neurosurgeons of New Jersey. "The integration of computer-assisted devices and instrumentation used by our expert subspecialists gives us the opportunity to offer the most advanced surgical techniques in a local setting."

As an example, given computer-driven imaging systems that provide surgeons the precision necessary during a procedure, surgical treatment can often be done in one room, rather than the patient being wheeled to different areas within a hospital. Patient information in databases is easily accessible and procedures have become less invasive. "Faster, smaller, safer," Dr. Michael B. Sisti, brain neurosurgeon, proclaims, with the result that some neurosurgery has become a same-day procedure.

One of the hallmarks of Neurosurgeons of New Jersey is the ability of the surgeons to translate complex and confusing medical terminology into an explanation patients can understand and digest. "We bring clarity to complex situations," Dr. Sean Lavine, cerebrovascular neurosurgeon, notes. "We help patients to make the best decision for themselves and their loved ones."

For patients who undergo surgery, the practice offers a free pre-surgical education session with a nurse who explains what can be expected before and after a procedure. Dr. Gaetan Moise, brain and spine neurosurgeon, explains that this is an opportunity for patients to ask questions they may not think are appropriate to ask the surgeon, such as what to bring to the hospital or how soon after surgery they'll be able to lift objects. "This helps to alleviate the anxiety that is only natural."

The practice maintains in-network status for many insurance plans, which offers patients a choice of highly qualified and experienced neurosurgeons. But even if you're not in one of their networks, they ask that you contact them to see if something can be done.

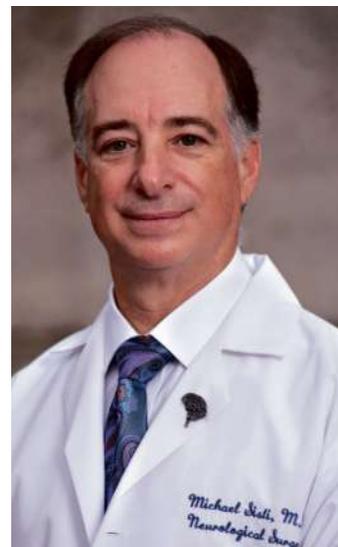
Dr. Richard C.E. Anderson, pediatric neurosurgeon, notes that "the degree of specialization of the practice's surgeons allows us to perform high volumes of procedures in our areas of expertise. This helps to secure better outcomes for patients."

Surgeons in this practice are committed to providing patients with the best proven solutions to their neurological conditions. Many of the surgeons are engaged in clinical research and patients may have the opportunity to participate in clinical studies and learn how new developments in medicine and technology may apply to their conditions.

Neurosurgeons of New Jersey provides patients with outstanding care administered by the best neurosurgeons in the country who achieve the best possible outcomes.



**Robert A. Solomon, MD, FACS,
Department Chair**



Michael B. Sisti, MD, FACS



Dorothea Altschul, MD



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STEPHEN SILVER, MD

"From the age of 10, I knew I wanted to be a doctor. I was passionate about becoming the kind of doctor who could identify a problem, fix it and improve my patient's quality of life," says Dr. Stephen G. Silver. Fulfilling his childhood dream, Dr. Silver is a highly regarded and skilled member of the Hackensack Orthopaedic Institute team.

Specializing in the arthroscopic treatment of sports injuries to the shoulder, knee and elbow, Dr. Silver is a thoughtful, meticulous and thorough physician. "To instill a sense of comfort and confidence, I make it a priority to help my patients understand their diagnosis and all available treatment options. When it comes to surgery, I'm very conservative, but will be completely honest recommending it when deemed necessary. My patients always have my undivided attention and I personally address all questions or concerns they may have," he shares.

A board certified Orthopaedic Surgeon, Dr. Silver is a '90 alumnus of the The University of Michigan. He received his medical degree at New York Medical College, graduating with honors among the top of his class. He completed his Orthopaedic residency in New York City at NYU Medical Center. Dr. Silver furthered his training through a renowned sports medicine fellowship under the leadership of Dr. Craig Morgan and Dr. Arthur Bartolozzi specializing in shoulder and knee surgery at Pennsylvania Hospital in Philadelphia.

The term "doctors' doctor" is often casually tossed about, but in Dr. Silver's case, it definitely applies. Dr. Michael A. Kelly, chairman of the Department of Orthopaedic Surgery at Hackensack University Medical Center and Dr. Silver's partner of 16 years, can personally attest. He comments, "There are many outstanding surgeons, but Dr. Silver is also truly a thorough and compassionate individual and that is rare. When I needed shoulder surgery I chose him to do it. That meant trusting him with my right arm, which is essential for my career."

Dr. Silver has been responsible for a number of innovative advances in rotator cuff repair and posterior cruciate ligament (PCL) reconstruction. One prime example is his treatment of rotator cuff and biceps tendon tears. Rather than the traditional method of bicep repair through an open incision, Dr. Silver developed innovative techniques to do minimally invasive repairs all-arthroscopically, allowing patients to return to normal activities with dramatically improved recoveries.

The use of arthroscopic techniques has greatly reduced the need for hospitalization. "The vast majority of procedures are now done on a same-day basis," says Dr. Silver, who has both a New York City-based practice at Lenox Hill Hospital, as well as a HackensackUMC-based practice. Additionally, Dr. Silver offers patients a refreshing new option to the traditional hospital setting as a member of the state-of-the-art Vanguard Surgical Center in Maywood, New Jersey.

Dr. Silver spent many seasons as a team doctor for the New Jersey (now Brooklyn) Nets, including two trips to the NBA finals. He has been court-side covering hundreds of basketball games for the team, and was often called on to evaluate college players entering the draft.

Dr. Silver, an avid sportsman himself, has seen a growing trend of female patients in his practice. "Current studies show women and girls who participate in cutting and pivoting sports have a two- to 10-time increase risk of knee ligament tears (ACL) compared to men."

Choosing a highly experienced surgeon who is a fellowship trained Board Certified Sports Medicine Specialist is critical to achieving a great outcome. Especially one trusted to treat high-level athletes and who utilizes a multi-disciplinary approach. However, what is very clear from the first moment in his office, whether a professional athlete, weekend warrior, grandparent or little league champ: Dr. Silver treats all patients with an equal passion and fulfills his childhood commitment of restoring optimal function to help give them their life back.

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Dr. Michael A. Kelly and Dr. Yair D. Kissin

MICHAEL A. KELLY, MD

Dedicating his career to all aspects of knee surgery, Top Doctor Michael A. Kelly has enabled countless baby boomers to reclaim their vibrant active lifestyles. He has been very focused on total knee replacement during his long career where he has helped to contribute to significant improvements improving the durability and quality of these procedures.

Board-certified by the American Board of Orthopaedic Surgery, Dr. Kelly is also a member of an innovative design team that developed a totally new arthroplasty system, enabling surgeons to more closely replicate a patient's anatomy. This results in a prosthesis which is a closer, more personalized fit for greater comfort.

Dr. Kelly, the Chairman of the Department of Orthopaedic Surgery at Hackensack University Medical Center, has made a significant personal and professional commitment to promote education within his field. He accomplishes this through international spanning lectures, clinical research, publishing papers and textbooks, along with participating in many prestigious societies. One of the paramount ones is the American Knee Society, where he served as president. Membership consists of 100 top practitioners of knee replacement encircling the globe.

The Hackensack Orthopaedic Institute has invested in the most cutting-edge proven technology and advanced procedures within the region. Dr. Kelly says, "The investment in facilities, technology and procedures is an important part of our commitment to providing the highest level of patient safety and care outcomes. Our minimally invasive surgical techniques, marked improvement in pain management and excellent teamwork has ensured more rapid surgical recoveries and shorter hospitalizations."

His impressive roster of awards and recognitions includes a Lifetime Achievement Award from the American Board of

Orthopaedic Surgeons, as well as Orthopaedic Surgeon of the Year, an honor bestowed by the New Jersey Chapter of the Arthritis Foundation.

Dr. Kelly has been honored numerous times with Top Doctor Recognitions including Castle Connolly, *New York Magazine*, NYC/USA, *Inside New Jersey* and others.

Dr. Kelly is a founding member of the New York-based Insall Scott Kelly Institute of Orthopaedic Surgery and Sports Medicine. He was team physician for the NBA's New Jersey Nets prior to their move to Brooklyn.

Dr. Yair D. Kissin has been Dr. Kelly's partner for the past seven years since completing a fellowship at Insall Scott Kelly Institute. Dr. Yair D. Kissin focuses on primary and revision knee replacement, knee arthroscopic surgery, anterior cruciate ligament reconstruction, patella/knee cap surgery as well as fracture surgery and sports medicine.

He is a graduate of the Sackler School of Medicine at Tel Aviv University in Israel. Dr. Kissin completed his orthopaedic surgery residency at Albert Einstein-Montefiore Medical Center in the Bronx. Dr. Kissin has published articles and book chapters on the subject of orthopaedic surgery and has lectured nationally and internationally as well. Dr. Kissin is the Site Director of the Orthopaedic Residency Program and Administrative Director of Trauma Service at Hackensack University Medical Center and an Assistant Clinical Professor in the Department of Orthopaedic Surgery at UMDNJ, Newark, Rutgers University.

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JAMES C. WITTIG, MD

"I consider it a privilege to be able to give my patients their very best chance. I have deep faith, but there are moments when it can be emotionally wrenching," admits Dr. James C. Wittig.

As an orthopedic oncologist, he is dedicated to dramatically changing the lives of both children and adults afflicted with soft tissue bone sarcomas, as well as benign bone and soft tissue tumors and metastatic cancers. This is accomplished through innovative limb sparing surgeries, groundbreaking techniques, and a multidisciplinary approach for the diagnosis and treatment.

Dr. Wittig is one of only a handful of surgeons nationwide who practices this particular specialty full time. His extensive training and experience is reflected in the number of authoritative positions he holds at Hackensack University Medical Center. He currently serves as Vice Chairman of Orthopedic Surgery and Chief of Orthopedic Oncology, as well as Director of the Skin and Sarcoma Division of the John Theurer Cancer Center.

Despite such lofty accomplishments, one thing that sets Dr. Wittig apart is his genuine interest in every patient's well being. "I've worked at some of Manhattan's leading hospitals, but chose to come to HackensackUMC because it is so patient-centered and I can make a connection with each individual. Everyone, from the nurses and physical therapists to the social workers, makes a greater effort to have everything run smoother and easier for the patient," comments Dr. Wittig, who started his practice in Orthopedic Oncology in 2001 at NYU Medical Center and the Hospital for Joint Diseases, where he remained until 2007. In that same time period, he was elected Teacher of the Year from a department with more than 120 orthopedic surgeons in all.

Dr. Wittig's extraordinary compassion is reflected in his establishment of the first orthopedic oncology clinic for indigent care at Manhattan's Bellevue Hospital Center and the founding of the Sarcoma Service at NYU-Tisch Hospital.

Board-certified Dr. Wittig completed a unique two-year fellowship in Orthopedic Oncology at the Washington Cancer Institute of Washington Hospital Center and the Children's National Medical Center in the nation's Capitol.

He has earned the distinction as one of the top 10 orthopedic oncologists in the United States by *Orthopedic Today* magazine and has been recognized as a "Super Doctor" by *New York Magazine* and one of America's Top Doctors for cancer by Castle Connolly.

Dr. Wittig recently penned two published textbooks and has presented in an extensive number of national lectures. He continually searches to improve the level of patient care through clinical research and education.

A partner at the HackensackUMC Orthopaedic Institute, Dr. Wittig is a colleague of Dr. Michael A. Kelly, Chairman of the Department of Orthopaedic Surgery, and Dr. Stephen G. Silver, whose specialties include arthroscopic treatment of sports injuries to the shoulder, elbow and knee. Dr. Yair Kissin focuses on primary and revision knee replacement, as well as fracture surgery and sports medicine.



HackensackUMC Orthopaedic Institute
360 Essex St., Suite 501
Hackensack
(201) 996-8867
www.HackensackUMC.org/ortho



RICHARD A. D'AMICO, MD

The pursuit of perfection requires persistent attention to aesthetic details. Dr. Richard D'Amico, an internationally recognized cosmetic and reconstructive plastic surgeon, performs some of the most advanced procedures in the specialty.

Dr. D'Amico is the only plastic surgeon in northern New Jersey, and one of only two in the entire state, to offer a gentler alternative to traditional liposuction. The procedure is known as HydraSolve™ and uses warm, low pressure water to loosen fat cells and transform them from a solid into a liquid. Utilizing the liquefied fat, Dr. D'Amico can then gently and precisely manipulate a liposuction cannula (a slender tube) to extract targeted fat cells without affecting surrounding tissue. This FDA-approved technique is less invasive than traditional liposuction and allows for faster recovery time because there is less blood and fluid loss.

He serves on the Innovative Technology Committee of the American Society for Aesthetic Plastic Surgery, which evaluates and makes recommendations on the latest procedures and techniques performed in cosmetic surgery. "Delivering quality care and improving results requires innovation," states Dr. D'Amico. "My service on the committee means that my patients are among the first to benefit from the latest innovations." He is a proponent of participating in FDA clinical trials and is one of a very few plastic surgeons to be selected as a clinical investigator of cutting-edge technologies.

Dr. D'Amico's credentials are as impeccable as the work he performs. He is a graduate of the New York University School of Medicine and trained in plastic surgery at Columbia-Presbyterian Medical Center in New York City. He has been an invited faculty member or speaker at international plastic surgery meetings on six continents and is frequently published in medical journals including the preeminent journal, *Plastic and Reconstructive Surgery*. He is a constantly sought-after guest in the media, appearing on the *TODAY* show six times, and on CNN, FOX News Channel, the BBC, and French and Kenyan television.

He is past chief of Plastic Surgery at Englewood Hospital and Medical Center, where he remains affiliated, and assistant clinical professor of Plastic Surgery at Mt. Sinai Medical Center in New York City. Dr. D'Amico is past president of the American Society of Plastic Surgeons (ASPS), an elected member of its Board of Trustees and the chair of ASPS's Taskforce on Regenerative Medicine. Dr. D'Amico is particularly excited about the Taskforce's work researching fat-derived stem cells, fat grafting, and fat-derived stem cells and adipose matrices, which are all topics he has lectured on.

The highly trained and qualified staff of the Plastic Surgery Skin Care Center ensures that surgical protocols are followed and patient safety maintained.

Dr. D'Amico is at the forefront of cosmetic and reconstructive plastic surgery and a leader in clinical practice and academic innovation.

Plastic Surgery Skin Care Center
180 North Dean St., Suite 3N
Englewood
(201) 567-9595
www.drdamico.com

DAVID M. NAMEROW, MD

When Dr. David Namerow established his pediatric practice in 1979, he didn't envision it would grow to encompass 15 doctors in three locations.

The pediatrician embraces the latest diagnostic and treatment protocols and is extremely attuned to the needs of patients and parents. Office hours are available seven days a week, including holidays. There are ample evening appointments to accommodate working parents. Patients and parents may choose male or female pediatricians to meet their comfort levels.

Dr. Namerow credits the success of the practice to this availability, hiring board-certified pediatricians who have completed training in teaching hospitals and the organizational skills of his staff.

"Growth and development of children are the bedrocks of pediatrics," says Dr. Namerow. PediatriCare provides comprehensive, progressive and consumer-oriented care from birth to adulthood. His staff members are equal partners with parents in the ongoing growth and development process.

The pediatricians are affiliated with Valley Hospital Medical Center, Hackensack University Medical Center, Chilton Medical Center and St. Joseph's Regional Medical Center. The practice will soon become certified as a Pediatric-Centered Medical Home, a way of organizing primary care to improve coordination and communication. Dr. Namerow describes the certification process as putting an official stamp on something he has always done. He notes that very few pediatric practices in the area have earned the designation.

"We strive to be innovative in our approach to patient care and to bond with the communities we serve," Dr. Namerow he says. For instance, the practice hosted a Flu Carnival that resulted in 850 children receiving flu shots in one day. To add to the fun, we had music, balloon art, face painters, a fire engine and arcade games!" he exclaims. The pediatricians will offer local seminars at which they will discuss a topic and host a Q & A.

Dr. Namerow has an extensive relationship with pediatric subspecialists throughout the area. This eases the turmoil parents experience when referrals are needed to see specialists.

The pediatrician is proud of the depth of care provided to patients. "When you choose PediatriCare Associates you are teaming with knowledgeable, compassionate doctors and staff who have dedicated their careers to child-focused health care," he says.

Dr. Namerow attended medical school at the University of Louisville and completed a pediatric residency at Children's Hospital Medical Center of Cincinnati. He was a fellow in adolescent medicine at the University of Maryland School of Medicine. Dr. Namerow served as chief of Adolescent Medicine at St. Joseph's and currently is an adjunct assistant clinical professor of Pediatrics at New York Hospital Cornell Medical Center and clinical assistant professor of Pediatrics at New York Medical College. There Dr. Namerow serves as a preceptor in the Center for Primary Care Education and Research. For the past three years, he has been named as one of the top pediatricians in the metropolitan New York area.



PediatriCare Associates
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NEW JERSEY CENTER FOR PROSTATE CANCER & UROLOGY

255 West Spring Valley Ave.,
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According to the American Cancer Society's latest statistics, one man in seven will be diagnosed with prostate cancer during his lifetime. On a positive note, some 2.9 million men are alive today in the United States who have faced and survived this disease. Despite such a positive prognosis, it's normal for a man to feel emotionally cast adrift when he first hears those spoken words – prostate cancer.

It's comforting to know that expert care – the caliber of which can't be surpassed even in Manhattan's most prestigious institutions – can be found in the heart of Bergen County at the New Jersey Center for Prostate Cancer & Urology. Dating back to 2001, the Center was among the first to embrace the da Vinci Surgical System.

Partner Muthar Ahmed, MD, FACS points out, "Our surgeons were instrumental in testing and perfecting this System in its infancy, and we've gone on to write the textbook *Robotic Urologic Surgery* to educate colleagues in the art of robotic prostatectomy throughout the United States. Having performed more than 7,000 robotic prostatectomies, at a zero mortality rate, we have perfected the procedure to the point where we can complete surgery in roughly one-and-one-half hours, where it would take someone else three to four hours. Along with prostate, we employ da Vinci technology for kidney and bladder cancers, and even in complex cases, we can often spare or reconstruct the organ."

Gregory G. Lovallo, MD, FACS elaborates, "Where once in the presence of kidney cancer we would remove the whole organ, in many cases we can now simply remove the tumor itself, thus eliminating the prospect of the patient having to face dialysis in the future. We've removed tumors that were four, five and six centimeters and found that the cancer was cured."

"The da Vinci Surgical System uses minimally invasive techniques, while enhancing the surgeon's range of motion, precision and dexterity by translating large hand movements of the surgeon into minute movements inside the patient. This allows for very small incisions, leading to significantly less pain, shorter hospital stays, a quicker recovery and better outcomes, including the preservation of nerve and muscle for sexual function, and reduced incidence of incontinence. But we don't just address male disorders; roughly 40 percent of patients are women being treated for female pelvic floor dysfunction, plus bladder, kidney and urethra cancers, as well as urinary incontinence issues," explains Michael P. Esposito, MD, FACS.

Making up the NJCPCU team are: Dr. Michael P. Esposito, FACS, the Director of the Center for Robotic Laparoscopic and Minimally Invasive Urologic Surgery, Endourology at Hackensack University Medical Center; Dr. Muthar Ahmed, FACS, who specializes in Oncology, Laparoscopic/Robotic Surgery and Reconstructive Urological Surgery; and Dr. Gregory G. Lovallo, FACS, who specializes in Stone Disease, Robotic/Lap and Reconstructive Surgery.

Rounding out the physicians roster are Dr. Vincent Lanteri, FACS, experienced in fellowship oncology; and Dr. Thomas Christiano, who joined NJCPCU after completing a minimally invasive urologic surgery and endourology fellowship at David Geffen School of Medicine at UCLA.

Expert treatment for urological cancers and disorders, in both men and women, is right here in New Jersey with Drs. Esposito, Ahmed and Lovallo.

DR. MICHAEL FIORILLO

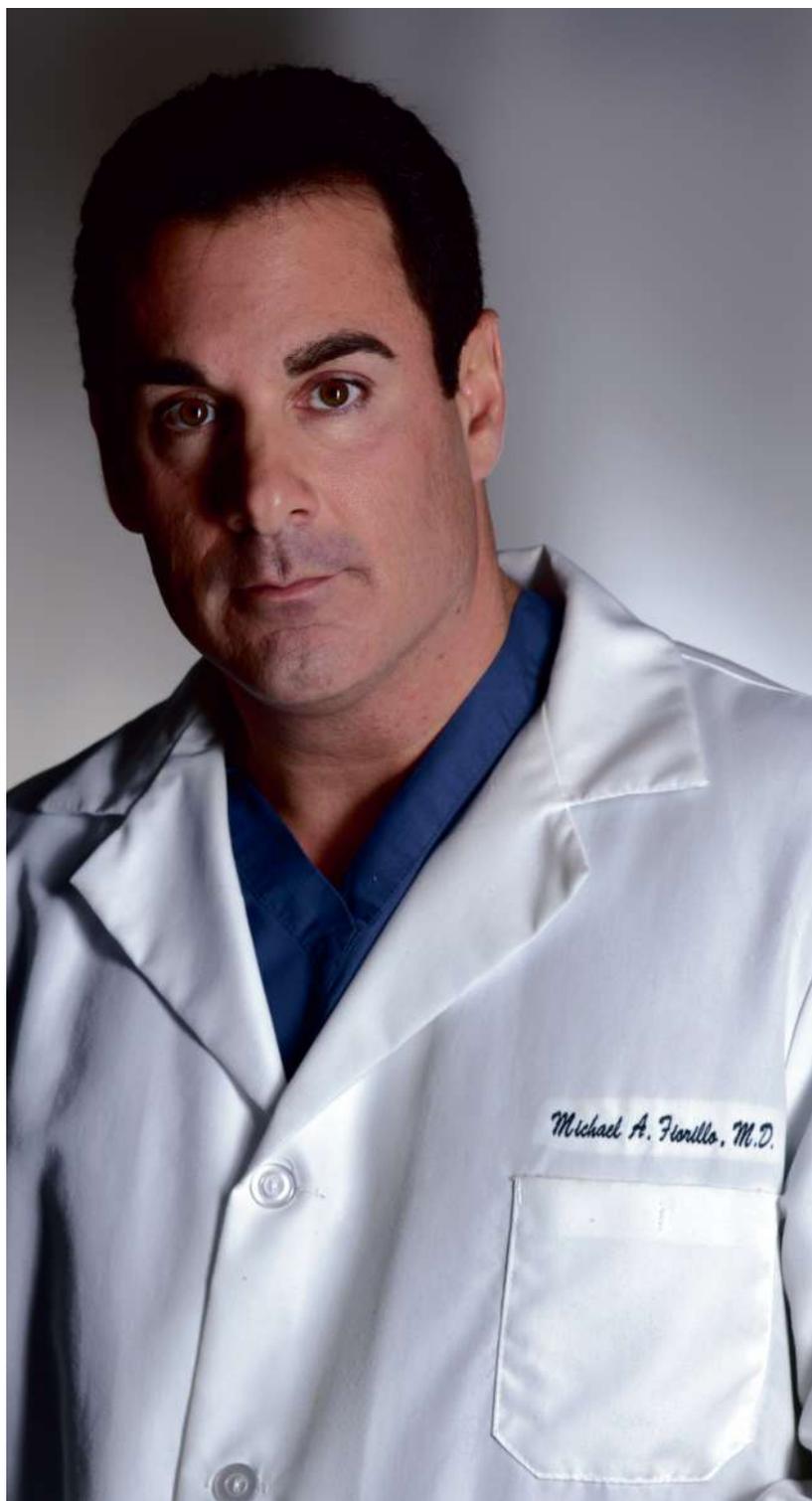
Dr. Michael Fiorillo is a double board-certified cosmetic surgeon renowned as an authority in the field. He is a distinguished author with numerous publications on plastic surgery including peer-reviewed medical articles, books and textbooks. Highly respected by his clients and the plastic surgery community, Dr. Fiorillo has won the trust of the thousands of patients that have attended his practices in New York and New Jersey since 1998.

With more than 17 years experience specializing in breast and body procedures, Dr. Fiorillo is recognized as one of the most experienced plastic surgeons in his field. Always looking to improve his technique, he recently traveled to Sweden to be trained by Sientra®, the creators of the popular Gummy Bear breast implants, on advanced procedures and best practices for implementing silicone breast implants.

His expertise and thousands of successful surgeries have brought him the honor of being appointed by Sientra® to train other doctors in the United States. Due to his renown, Dr. Fiorillo has performed cosmetic surgery on numerous movie and television stars. He frequently appears as a medical and parenting expert on national television including: Fox News, Good Morning America, The View, The Doctors and also appears in numerous national magazines monthly.

A native of Rockland County, having grown up in West Nyack, N.Y., Dr. Fiorillo graduated from Clarkstown South High School. He went on to finish at the very top of his class at Chicago Medical School. Afterwards he completed five years of general surgery at Staten Island University Hospital and became board-certified in general surgery. Dr. Fiorillo concluded his training with a fellowship in plastic surgery at the University of Medicine & Dentistry of New Jersey (UMDNJ).

Additionally, he is board-certified in plastic and reconstructive surgery and was elected president of the Rockland County Medical Society where he served from May 2005-May 2007. In 2004, Dr. Fiorillo opened a surgical facility with an operating room and MediSpa in his practice. He is affiliated with Hackensack University Medical Center. Dr. Fiorillo currently lives in Bergen County with his wife, Jill, and their four children-including triplets! In his downtime, Dr. Fiorillo enjoys golfing, traveling, exercising and spending quality time with his family. You can visit Dr. Fiorillo at one of his two convenient locations in New York and New Jersey. To schedule an appointment or consultation, contact us via email or call us at (866) 537-0954.



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150 South Pearl Street
Pearl River, NY

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www.drforillo.com



IHOR S. SAWCZUK, MD **RAVI MUNVER, MD** **HARRY P. KOO, MD**

Drs. Ihor Sawczuk, Ravi Munver and Harry Koo of HackensackUMG | Urology were recently selected as 2015 Top Doctors, which should come as no surprise to anyone familiar with Hackensack University Medical Center or the field of Urology. Our doctors are well-known leaders in their chosen area of practice, recognized both nationally and internationally. They frequently speak and present at conferences around the world regarding urological advancements. All three physicians are on staff at Hackensack University Medical Center where their practice is located.

Dr. Sawczuk's list of accomplishments is extensive. In addition to founding HackensackUMG | Urology at HUMC more than 10 years ago, he is Executive V.P. and Chief Medical Officer, Chairman of the Department of Urology and Chief of Urologic Oncology at the medical center. He is also a professor at both Columbia and Rutgers New Jersey Medical School. He specializes in Urologic Oncology, Robot-Assisted Radical Prostatectomy, Nephron-Sparing Kidney Surgery, Cryosurgery and Bladder Reconstruction.

Dr. Munver is Vice Chairman of the Department of Urology and Chief of Minimally Invasive and Robotic Urologic Surgery at Hackensack University Medical Center. He is an associate professor at Rutgers New Jersey Medical School and an assistant professor at the Weill Medical College of Cornell University, where he attended medical school. He is a pioneer and global leader in Robotic and Laparoscopic Surgery, and his subspecialty interests include Urologic Oncology, Kidney Stones and GreenLight Laser Surgery for prostate enlargement.

Dr. Koo is the Chief of Pediatric Urology at Joseph M. Sanzari Children's Hospital at Hackensack University Medical Center. He is also a professor at Rutgers New Jersey Medical School. As a pediatric urologist, he specializes in reconstructive surgery for children with congenital urological conditions.

All of the physicians at HackensackUMG | Urology focus on patient-centered care and conduct clinical research onsite. Their expertise has contributed greatly to several of Hackensack University Medical Center's achievements: the Department of Urology is ranked #1 for Urology in New Jersey (and #22 nationally) by *U.S. News & World Report*, and #1 in New Jersey by Healthgrades. The Department has also won the Healthgrades award for Prostatectomy four years in a row. Most recently the Medical Center was awarded Disease Specific Certification for Prostate Cancer by the Joint Commission, a highly prestigious honor.

HackensackUMG | Urology is at the forefront of urology. The practice, which includes two female physicians, covers the full realm of urological care: general urology, pediatric urology, urologic oncology (cancer of the kidney, bladder, and prostate), kidney stones, men's health (infertility, vasectomies and reversals, erectile dysfunction) and BPH (enlarged prostate), as well as women's pelvic health (incontinence, prolapse, and UTIs). When it comes to technology, the practice is second to none. Several of our physicians perform robotic surgical procedures utilizing the minimally invasive da Vinci Surgical System, which allows for smaller incisions and a quicker recovery.

HackensackUMG | Urology
360 Essex St., Suite 403
Hackensack, NJ 07601
(551) 996-8090

STEVEN PAGANESSI, MD

"It is a privilege to be able to walk into a patient's room and help that patient," says Dr. Steven Paganessi, Director of Anesthesiology and Medical Director at Hudson Crossing Surgery Center. "I approach all my patients as if they were my own mother, father, sister or daughter."

A board-certified anesthesiologist, Dr. Paganessi received his Bachelor of Arts from Columbia College, followed by his medical degree from UMDNJ-New Jersey Medical School. He completed a residency in anesthesiology at Yale-New Haven Hospital where he undertook specialized training in outpatient/ambulatory anesthesia, after which he accepted a position as Assistant Clinical Professor of Anesthesiology at the Yale School of Medicine.

"No matter how minor or major the surgery, it has a profound impact on patients and their families," says Dr. Paganessi.

The premier multi-specialty surgery center in Bergen County, Hudson Crossing was founded in 2005 by a group of leading physicians who had a vision of delivering the finest healthcare in a state-of-the-art facility.

Hudson Crossing offers more than 50 specialists in fields such as orthopedics and sports medicine, spine surgery, general surgery, bariatric surgery, hand surgery, urology, plastic surgery, ENT, interventional pain management, podiatry, pediatric ophthalmology and pediatric urology.

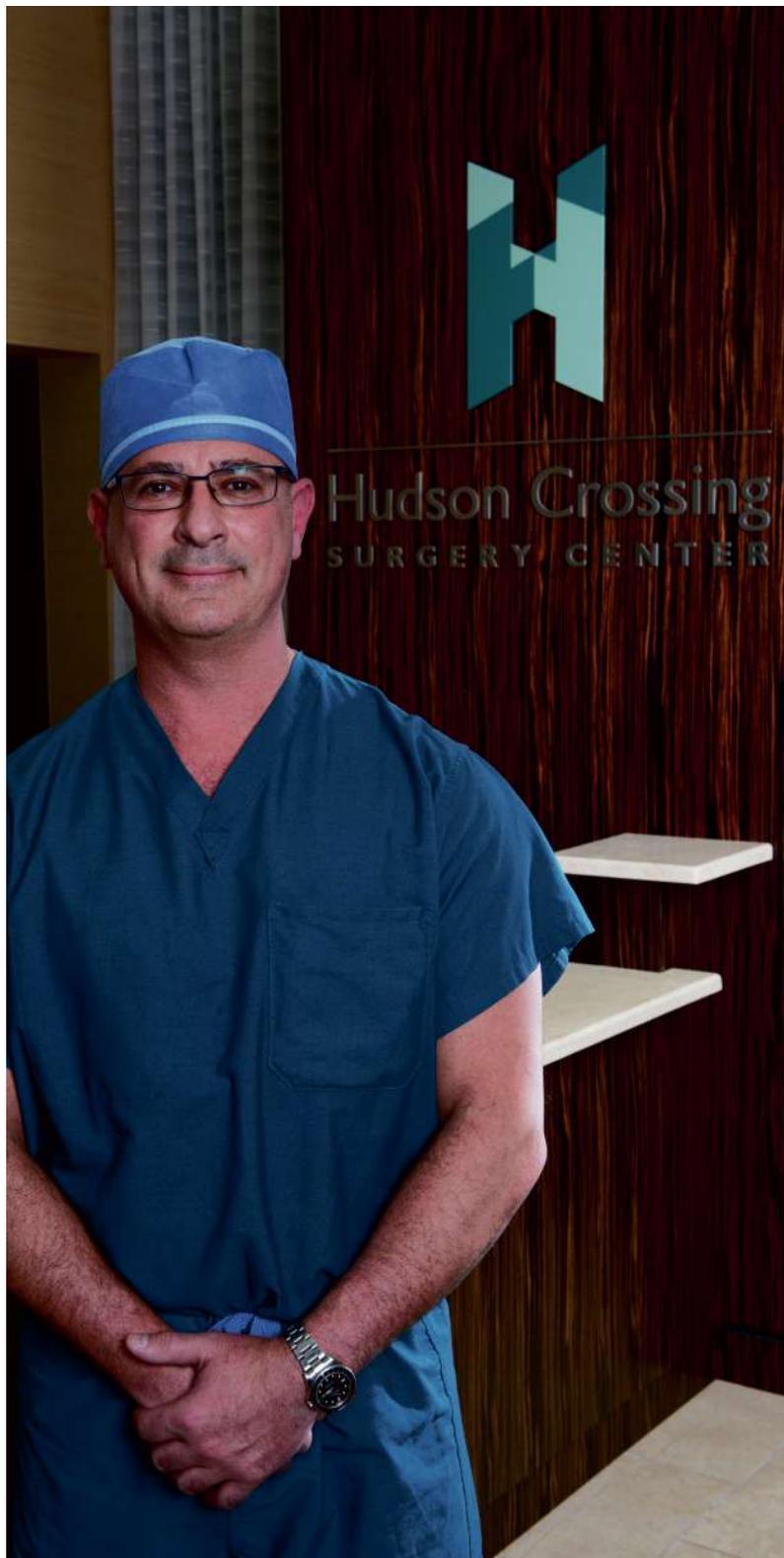
"Our mission is to provide our patients with the highest quality patient care in beautiful surroundings and with the most up-to-date equipment," says Dr. Paganessi. "At Hudson Crossing, we are proud of our consistently high patient satisfaction surveys and positive surgical outcomes."

To date, Hudson Crossing's board-certified surgeons, anesthesiologists and multidisciplinary team of nurses and on-site clinical and administrative directors have provided high-quality, individualized care to more than 45,000 patients.

At a time when the current healthcare system can often seem impersonal and out of touch with the needs of patients, Hudson Crossing's physicians and highly skilled nursing and allied health care professionals provide patients with a warm, comforting and safe environment. From the moment patients are admitted, their needs and concerns become the staff's highest priority.

Hudson Crossing Surgery Center's five operating rooms, and a 14-bed post-anesthesia care unit (PACU) for recovery, can provide up to a 23-hour stay.

The Center is fully accredited by the Accreditation Association of Ambulatory Health Care (AAAHC) and is licensed by the New Jersey Department of Health and Senior Services, Division of Health Facilities Evaluation and Licensing.



Hudson Crossing Surgery Center
2 Executive Drive
Fort Lee
(201) 292-3100
www.hudsoncrossingcenter.com

DR. SIDNEY RABINOWITZ, PA

"It's all about the patient. What makes my work so fulfilling is the satisfaction of knowing that through my care, I've helped to restore someone's physical ability, appearance, self-esteem and, in many cases, confidence," states Sidney Rabinowitz, MD, PA, FACS, triple board certified in general surgery, plastic and reconstructive surgery, plus orthopedic hand surgery and microsurgery.

Deciding to undergo surgery, and then choosing a surgeon, are both difficult decisions. Dr. Rabinowitz takes the time to listen to his patients, and understand their needs. This clear dialog, where one can voice their thoughts and concerns, creates a level of trust and understanding that results in a fully individualized treatment program that best serves the patient's needs.

Dr. Rabinowitz specializes in all facets of cosmetic, plastic and reconstructive surgery, in addition to microsurgery and reconstructive hand surgery. He is an acknowledged expert in his field, particularly with the most challenging traumatic and cancer deformities. All treatment decisions are carefully considered, with the patient's health, comfort level, goals and safety serving as top priorities.

Dr. Rabinowitz has a thriving cosmetic surgery practice. His keen aesthetic sense and precise techniques in performing cosmetic procedures, such as breast enhancement, facial rejuvenation and body enhancement have helped refine and complement his reconstructive procedures. He often treats patients suffering from breast cancer, skin cancer, post-traumatic injuries, and industrial and automobile injuries. The results are often remarkable. Many of the new cutting-edge technologies are available at his new office in Paramus. Alternatives to surgery, such as Botox, fillers, non-invasive contouring, and several different lasers, are available in a relaxing and comfortable, unhurried environment.

A 1987 graduate of New York University School of Medicine, Dr. Rabinowitz went on to complete nine more years of post-graduate medical training. He completed his general surgery and chief residency at SUNY Health Science Center in Brooklyn, including spending two years in the laboratory conducting surgical research. He then completed a plastic surgery residency at Rutgers Medical School, where he served as chief resident, before completing his training in hand and microsurgery at California Pacific Medical Center/UCSF in San Francisco.

A humanitarian, Dr. Rabinowitz volunteered to perform cleft lip and cleft palate repair in Kenya on children who would otherwise have no access to medical treatment. Next year is a planned medical mission to the Philippines.

Dr. Rabinowitz is also a devoted family man and takes advantage of every opportunity to attend his children's school sporting events. He is an avid outdoorsman with a passion for travel, bicycling, photography and technology. In 2014 he toured Tibet and cycled the Himalayas in the rural Yunnan province of China. In 2015, a self-guided cycling tour of the castles of Transylvania (Romania) is scheduled for the early summer.



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JAMES J. HALE, MD

ORTHOPEDIC SPINE SURGEON SPECIALIZING IN MINIMALLY INVASIVE SURGICAL TREATMENT

PIONEERING in treating his patients with cutting-edge care in a range of orthopedic services. Dr. Hale specializes in minimally invasive surgical techniques to treat both simple and complex spinal disorders, and has been instrumental in the development of surgical techniques and implants used in minimally invasive surgery. He further specializes in spinal cord injury treatment and rehabilitation.

PROFICIENT in his surgical treatment of the cervical, thoracic and lumbar spine. His comprehensive multimodal approach to the spine includes maximizing nonoperative management prior to surgical discussion. As an athlete, Dr. Hale understands the demands of both the professional and recreational athlete and the role of surgical treatment in return to sports.

PROFESSIONAL expertise that can't be beat. Dr. Hale is board-certified and has received recognition and numerous awards including multiple Best Doctor, Health Grade and Patient Recognition awards. He is active in the Nuvasive Spine Foundation, which performs surgical medical missions to the underprivileged abroad, and Dr. Hale has performed complex scoliosis surgery in the Dominican Republic and in Kenya, Africa.

Castle Connolly Top Doctor 2014, 2015

New York Magazine Best Doctors 2014

**Clinical Assistant Professor of Orthopedic Surgery –
The New York University Medical Center and
The Hospital for Joint Diseases**

**Attending Spine Surgeon at
Englewood Hospital and Medical Center
and Holy Name Medical Center**

**Orthopedic Spine Fellowship and
Orthopedic Residency at
The Hospital for Joint Diseases and
The New York University Medical Center**

**Founding Member,
Society of Lateral Access Surgeons**

**Member, American Academy of
Orthopedic Surgeons**

Member, North American Spine Society

**Educated at New York University
School of Medicine**

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Eric Avezzano, MD
Gastroenterology



Stephen Margulis, MD
Gastroenterology



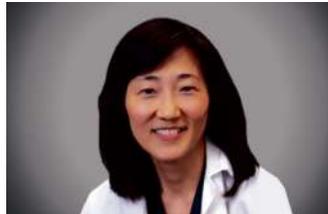
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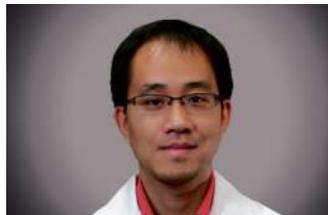
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Internal Medicine



Susan Flanzman, MD
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Jessica Blume, MD
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Veena Desai, MD
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BERGEN MEDICAL ASSOCIATES

Bergen Medical Associates takes a whole body approach to facilitating comprehensive care at their multi-specialty and primary care facilities. They pride themselves on providing state of the art care, while preserving old-fashioned values to patient service. The team of more than 50 board certified physicians, nurses and highly trained staff represents a wide breadth of specialties including: internal medicine, family medicine, gastroenterology, rheumatology, endocrinology and metabolism, allergy and immunology, cardiology, nephrology, physiatry (sports medicine), neurology, gynecology, weight loss management, podiatry, general and colorectal surgery and nutrition. Our physicians deliver quality, personalized treatment from the time a patient checks in until they depart from any of our nine convenient locations.

The practitioners work together as a team, which results in a seamless continuum of care for the patients. Bergen Medical Associates is unique because they care for patients at every stage of health and illness, beginning with preventive services. "We also extend into hospital and sub-acute rehab facilities when necessary," says Eric Avezzano, MD, CEO and Managing Partner of the practice. "Bergen Medical Associates delivers a top-notch patient experience.

OUR RANGE OF SERVICES INCLUDES:

- Health care screenings and complete physical examinations
- Endoscopic procedures performed on-site in our Medicare certified surgical suite, in the hospital, or at our free standing centers in Paramus and Montvale
- Onsite diagnostic testing: Phlebotomy, Bone Density, Ultrasound, Breath Testing for Food Intolerance, EKG, Infusion Therapy, Immunization, Travel Medicine
- Diagnosis and therapy of conditions affecting joints, muscles, and bones such as arthritis and tendonitis
- Treatment of hormonal and metabolic conditions such as diabetes, thyroid diseases, menopause and infertility

We provide incomparable access to medical services in comfortable and therapeutic care centers and offices." Convenience is also a priority. The practice offers extended weeknight and Saturday hours as well as same day appointments. Bergen Medical Associates participates with most insurance plans.

The patient experience is comprehensive, nurturing and individualized. The physicians seek to develop relationships with all their patients.

Strategically located for patients' convenience, Bergen Medical Associates offers nine office locations:

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DAVID L. ABRAMSON, MD

"You're special ... trusting you came easy" reads one letter sent to Dr. David L. Abramson by a former patient. "I am amazed at the results ... I have self-confidence I never had before" reads another. A box in the corner of his Englewood office holds many other letters of gratitude, addressed to Dr. Abramson. They are an attestation to his talent, compassion and dedication to his patients and his profession. Dr. Abramson is a Board Certified plastic surgeon who practices in New Jersey and New York. He is highly regarded as a cosmetic surgeon and a specialist in breast cancer reconstruction. He is currently practicing in Englewood, the Upper East Side of New York City and, most recently, Franklin Lakes. He performs surgery at Englewood Hospital and Medical Center and Patient Care Associates in New Jersey and Manhattan Eye Ear and Throat Hospital in NYC.

Dr. Abramson obtained his undergraduate education at Johns Hopkins University where he graduated Phi Beta Kappa. He subsequently graduated from New York University School of Medicine. Following medical school, Dr. Abramson completed a residency in General Surgery at the State University of New York Health Science Center at Brooklyn (Downstate). In 1993 he moved to Boston, Massachusetts where he embarked upon a residency in Plastic and Reconstructive Surgery at the prestigious Harvard/Brigham/Children's Division of Plastic Surgery. After completing his residency he continued at Harvard/Brigham to complete a fellowship in Craniofacial Surgery. While in Boston, Dr. Abramson held a faculty appointment at the Harvard Medical School.

In 1997 Dr. Abramson was appointed Chairman of the Division of Plastic Surgery at the State University of New York and holds the distinction of being the youngest surgeon in the United States to be named Chairman of an Academic Plastic Surgery Department. He has published over 30 peer-reviewed articles and has presented his findings and demonstrated his surgical techniques at numerous national and regional Plastic Surgery meetings and instructional courses. He continues to conduct research and clinical trials. His knowledge of current trends in Plastic and Reconstructive surgery has made him a popular guest lecturer at area hospitals and residency programs.

Currently, Dr. Abramson is the president of the New Jersey Society of Plastic Surgeons. He is a former president of the New York Regional Society of Plastic Surgeons. He has served as the Chief of the Plastic and Reconstructive Surgery Department at Englewood Hospital and Medical Center since 2009. He is also a member of the American Society of Plastic Surgeons and the American Society of Aesthetic Plastic Surgeons. Dr. Abramson is able to keep abreast of a fast changing medical industry through his high level appointments. His knowledge, coupled with his technical skill, enables him to provide his patients with the highest quality treatment and contributes to his recognition as an outstanding plastic surgeon.



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Catherine A. Mazzola, MD; Alexander Post, MD; Garrett Zoeller, MD

NEW JERSEY PEDIATRIC NEUROSCIENCE INSTITUTE

At the New Jersey Pediatric Neuroscience Institute (NJPNI), three exceptional neurosurgeons are surrounded by support staff and dedicated colleagues who aim to provide the best possible clinical care in the areas of childhood developmental disorders, pediatric neurological diseases and pediatric neurosurgical diseases. They provide expedited and accurate diagnoses, explain surgical and non-surgical treatment options to their patients and parents and practice at world-class medical institutions. Most important, however, is their empathy and their ability to understand that the entire family is affected by childhood illness and that the needs of each family, like each child, are unique. Casually describing NJPNI as “a one-stop-shopping” destination [for pediatric neuroscience care], Dr. Mazzola says the practice consists of hubs for neurosurgery, physical therapy and cranial orthotics, plus a Craniofacial Center and the New Jersey Concussion Center.

Dr. Mazzola completed her residency training in neurological surgery at Rutgers Medical School and her pediatric neurosurgery fellowship at the University of Pittsburgh, and she is board-certified by the American Board of Neurological Surgeons and the American Board of Pediatric Neurological Surgery. She was the driving force behind the development of the Craniofacial Center at the Atlantic Health System’s Goryeb Children’s Hospital and has continued to develop the Pediatric Neuromuscular Center and Pediatric Brain and Spine Tumor centers at Goryeb Children’s Hospital. Dr. Mazzola has published several peer-reviewed articles and has presented numerous posters and abstracts at national neuroscience meetings, has authored and co-authored more than two dozen papers and has received grants from the Children’s Pediatric Brain Tumor Foundation and The New Jersey State Cancer Commission. Currently the Chair of the Northeast Quadrant for the Council of State Neurosurgical Societies and the Northeast Regional Vice-Chair, Dr. Mazzola was elected to the Executive Committee of the Congress of Neurosurgical Surgery. She is one of only a handful of female neurosurgeons throughout the state.

Sharing Dr. Mazzola’s dedication and mission are colleagues Dr. Alexander F. Post and Dr. Garrett K. Zoeller. Dr. Post completed his Neurosurgery residency at the Mount Sinai Medical Center of New York University and his Pediatric Neurosurgery fellowship at Children’s Memorial Hospital of Northwestern University. He has been active in teaching neurosurgical residents at George Washington University and Virginia Commonwealth University and continues to educate medical students and mentor college and graduate-level students interested in the disciplines of medicine and neurosurgery. He is an active member of the American Association of Neurological Surgeons and the Congress of Neurological Surgeons and has lectured on multiple topics including mild traumatic brain injury/concussions, severe traumatic brain injury from accidental and nonaccidental trauma, craniosynostosis and neuroendoscopy. Dr. Post’s areas of special interest include craniofacial disorders and neurotrauma. He is the current director of the Craniofacial Center at Goryeb Children’s Hospital and has both founded and developed concussion programs at multiple hospitals.

Dr. Zoeller is a dual-fellowship trained adult and pediatric neurosurgeon at the New Jersey Pediatric Neuroscience Institute. He completed his neurosurgical residency at the University of Miami/Jackson Memorial Hospital in Miami, Fla., in addition to a pediatric neurosurgery and epilepsy surgery fellowship at the renowned Miami Children’s Hospital. He later participated in a world-class pediatric neurosurgical fellowship at the Ann & Robert H. Lurie Children’s Hospital of Chicago, where he received subspecialty expertise in the management of spina bifida. He has a special interest in international medicine and has participated in numerous surgical mission trips to pre- and post-earthquake Haiti and is the new Director of Neurosurgery for Developing Faces, a nonprofit organization whose mission is to treat complex craniofacial disorders in underserved populations overseas.

385 Prospect Ave., Hackensack
(201) 996-9300
131 Madison Ave., Morristown
(973) 326-9000
Njpediatricneurosurgery.com

ENT AND ALLERGY ASSOCIATES, LLP

Professional singers trust him with their most valuable asset. He is Top Doctor Jared M. Wasserman, Associate Director of the Voice and Swallowing Center, a division of ENT and Allergy Associates, LLP. The board-certified Otolaryngologist/Head and Neck surgeon and Laryngologist explains, "There are many serious voice disorders, and for my patients it's crucial that they maintain their vocal health."

Also honored as 2015 Top Doctors are I. David Bough and Jason Surow, who both work out of the Oradell office. Board-certified Dr. Bough was one of the first practitioners in the area to embrace the

Coblation Tonsillectomy Technique and Balloon Sinuplasty. His particular interests focus on caring for patients with thyroid and parathyroid disease, nasal and sinus obstruction, sleep disorders and snoring.

A fellow board-certified Otolaryngologist, Dr. Surow has practiced in Bergen County for over 27 years and sees both adults and children. His gentle, jovial manner makes him a favorite among his pediatric patients. Dr. Surow currently serves on the Board of Governors of the New Jersey Academy of Otolaryngology.

These doctors are some of the 160 highly trained, dedicated physicians in 40 clinical locations who make up the ENT and Allergy Associates network. Such far reaching growth has been attained in only 17 years, making ENT and Allergy Associates the largest ear, nose and throat practice in the nation. Its size is exceeded only by the full range of comprehensive services the group delivers.



Jared M. Wasserman, MD, FACS



I. David Bough Jr., MD, FACS



Jason Surow, MD, FACS

Dr. Wasserman | 385 Prospect Ave. | Hackensack | (201) 883-1062
177 North Dean St. | Englewood | (201) 567-2771
Drs. Bough and Surow | 690 Kinderkamack Road | Oradell | (201) 722-9850
www.entandallergy.com

ENGLEWOOD ENDOSCOPIC ASSOCIATES

Established thirty years ago with a mission to provide expert treatment and management of gastrointestinal disorders, the practice of Drs. Friedrich, Rubin, Panella, Sapienza, Kaplounov and Kancherla is committed to the care of patients in a compassionate and professional manner. The physicians are board certified in both gastroenterology and internal medicine and have completed fellowship training at major centers in New York City and Philadelphia.

Specialized training in a wide variety of gastrointestinal disorders is offered, including gastrointestinal cancers, Crohn's disease and ulcerative colitis, hepatitis, irritable bowel syndrome, reflux disease and diseases of the gallbladder, liver and pancreas. The physicians are experts in all endoscopic techniques including colonoscopy, polyp removal and cancer screening, upper endoscopy, video capsule endoscopy, hemorrhoid treatment and advanced pancreatic and biliary procedures such as ERCP and endoscopic ultrasound. Most procedures are performed in their state-of-the-art endoscopy center located conveniently within the office. Patient safety and comfort are top priorities. The practice takes great pride in maintaining their facility and complying with all established health care guidelines while patient satisfaction scores consistently rate in the highest percentile. The endoscopic center is New Jersey state approved, Medicare certified and AAAHC accredited. Board certified anesthesiologists and registered nurses are on site to make the experience comfortable and safe.

Located in Englewood, with easy access to routes 4 and 80, the office is in close proximity to Englewood Hospital and Holy Name Hospital where the practice's doctors have privileges. The practice participates with most major insurance plans and offers evening hours most days of the week for patient convenience.



Dr. Ivan A. Friedrich, Dr. Sandarsh R. Kancherla, Dr. Mark S. Sapienza, Dr. Irina Kaplounov, Dr. Vincent S. Panella and Dr. Kenneth P. Rubin

420 Grand Ave., Suite 101 | Englewood | (201) 569-7044 | www.Englewoodgi.com

JOHN A. CHUBACK, MD, RVT, RPVI, RPHS, FACS

Dr. John Chuback is Board Certified in General and Thoracic Surgery. For the last 10 years he has focused on the treatment of varicose veins using the latest and most effective 21st century technology. His background, training and experience as an Open Heart Surgeon gives him a level of expertise very few vein specialists in the world possess.

The Doctor has a passion for making people well. He is known not only for his outstanding standard of care but also his wonderful sense of humor and warm bedside manner. Over the years he has treated too many doctors and nurses from the metropolitan area to count. Dr. Chuback has always said that this is the professional accomplishment of which he is most proud. "For your peers to show that kind of trust, by putting themselves in your hands, is a very special feeling," says Chuback.

Although Dr. Chuback is focused solely on the treatment of those suffering from vein problems, the outstanding team of professionals he has built around him now offers numerous other services. A certified comprehensive vascular sonography program assesses venous and arterial disease of all kinds. Screenings for serious conditions such as stroke, aortic aneurysm and peripheral arterial disease are performed in the office by a certified vascular technologist.

The practice also offers a medical weight loss program where patients are under the direct supervision of a medical professional. Diagnosis and management of obesity is fundamental to reversing problems such as hyperlipidemia, diabetes and hypertension.



Chuback Medical Group | 2 Sears Drive, Suite 101 | Paramus | (201) 425-4179 | www.chubackmedical.com

LUIS A. ZAPIACH, MD

"I approach each procedure as if I were creating a work of art, rather than it being a mechanical process," explains Dr. Luis A. Zapiach. "Many of the steps are standardized, but my background and training enable me to understand the underlying anatomy structures and capitalize on them to achieve optimal results."

Double-board-certified in both Plastic Surgery and General Surgery, Dr. Zapiach continues, "Our focus at Art Plastic Surgery is to provide the highest level of medical care and make our patients happy by continually exceeding their expectations."

Dr. Zapiach, together with his partner, Dr. John T. Cozzone, share "a mutual respect for surgery." "There are an increasing number of non-invasive options available today, and we are fairly conservative when it comes to operating on a patient. We want our patients to fully understand their options and will take as much time as needed. We treat our patients the way I would want my family treated, and they can rest assured that I'll give them my honest opinion," he remarks.

Dr. Zapiach is a much-in-demand speaker and a widely published author in top medical journals. His ongoing involvement in medical research and groundbreaking clinical trials enables Art Plastic Surgery to remain on the leading edge of the field's newest advancements. For example, the practice was among the first in the area to offer Ultherapy, a nonsurgical technique that lifts and tightens facial skin using ultrasound technology.

Continually striving to improve the patient's comfort level and experience, Art Plastic Surgery recently moved to larger quarters at the same Paramus location. "We're looking forward to expanding and introducing some new services," Dr. Zapiach comments.



Art Plastic Surgery | 1 West Ridgewood Ave., Suite 302 | Paramus
841 Franklin Ave., Suite 5 | Franklin Lakes | (201) 345-3518 | www.artplasticsurgeons.com

TENAFLY PEDIATRICS, P.A.

Established over 35 years ago, Tenafly Pediatrics has been serving families of Northern New Jersey with a "patients first" philosophy. The practice has recently been recognized as an accredited Patient Centered Medical Home. To achieve this designation, Tenafly Pediatrics had to demonstrate its focus on quality of patient care including easy access for office visits, fast response time for return calls, and improvement in patient health. Tenafly Pediatrics now has online booking for same day sick visits, which parents find extremely convenient especially when they wake up early with a sick child. The practice now has six office locations: Tenafly, Fort Lee, Paramus, Clifton, Oakland and Park Ridge.

Tenafly Pediatrics stays up-to-date with the latest in medical screenings and technology, including computerized charts, in-house labs, vision and hearing screening for babies, and a "patient portal" which allows parents access to their child's medical information. In addition, to meet the demand for after-hours care, the practice offers evening hours for check-ups and emergency hours if needed on weekends and holidays.

Tenafly Pediatrics is proud of their website, www.tenaflypediatrics.com, which showcases the impressive backgrounds of the physicians as well as offering parents important health information about their children with its "Parent Care" page. The practice participates with all the major insurances and admits to Hackensack University Medical Center, Englewood Hospital and Valley Hospital. They invite interested parents to schedule a "meet-the-doctor" visit so they can have any question about the practice's philosophy answered.



Rear row: Dr. David Schaumberger, Dr. Russell Asnes, Dr. David Wisotsky, Dr. Maury Buchalter, Dr. Robert Jawetz, Dr. Darren Saks, Dr. Michael Smith.

Middle Row: Dr. Erin Lindenberg, Dr. Larry Stiefel, Dr. Arielle Ornstein, Dr. Sunmee Kim, Dr. Linda Wang, Dr. Avigayile Elkin, Dr. John Slater

Front Row: Dr. Joshua Menasha, Dr. Joanne Aranoff, Dr. Sheryl Jawetz, Dr. EunJoo Kim, Dr. Christine Pagano, Dr. Lisa Michael, and (standing) Dr. Yvette Starer, Dr. Maureen Grossi

Not Pictured: Dr. Lynn Sugarman, Dr. Aviva Schein, Dr. Alina Sumarokov, and Dr. Raquel Bronfeld.

32 Franklin St. | Tenafly | (201) 569-2400 | www.tenaflypediatrics.com
Additional offices in Fort Lee, Paramus, Clifton, Oakland and Park Ridge

ADVANCED GASTROENTEROLOGY OF BERGEN COUNTY

Our team of doctors provides a full range of diagnoses and treatments of disorders involving the liver, gallbladder and pancreas, as well as all aspects of general gastroenterology. We offer colonoscopies and endoscopies, in addition to more advanced and cutting-edge services, such as endoscopic ultrasound, capsule endoscopy, hemorrhoidal banding and curative procedures for recurrent C. difficile infection.

The practice's Medicare-approved ambulatory surgery center is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC). This designation assures patients that the facility meets national standards for surgical centers. In addition, the doctors are affiliated with Englewood Hospital and Medical Center and Holy Name Medical Center.

According to Dr. Zingler, Chief of the Division of Gastroenterology at Englewood Hospital and Medical Center, "Advanced Gastroenterology provides quality, state-of-the-art care that is on the leading edge of best practices." Dr. Zingler has been named one of the top doctors in his field for the past 15 years. Dr. Meininger, who has been named in (201) *Health* for the past several years as one of the top doctors in his field, states, "Given the advances in technology, we are able to tailor our treatment to each individual patient." Drs. Chessler and Spinnell have also been named Top Doctors by Castle Connolly.

All five physicians are members of the Institute for Patient Blood Management and Bloodless Medicine and Surgery at Englewood Hospital, and incorporate the concept of bloodless procedures into everyday practice. Drs. Spinnell and Fiorillo are also involved in ongoing clinical trials involving Crohn's Disease and C. difficile infection.

The doctors and staff at Advanced Gastroenterology are committed to providing the highest standards of compassionate care.



Left to Right: Mitchell K. Spinnell, MD, Marc A. Fiorillo, MD, Richard K. Chessler, MD, Barry M. Zingler, MD, Michael E. Meininger, MD

140 Sylvan Ave., Suite 101A | Englewood Cliffs | (201) 945-6564 | www.gimed.com

REBECCA BAXT, MD, MBA, FAAD

Rebecca Baxt, MD, is a board-certified dermatologist specializing in outstanding patient service for both cosmetic and general dermatology for adults and children. She graduated the University of Pennsylvania Summa Cum Laude and Phi Beta Kappa and continued at Penn for medical school and internship in Internal Medicine. She trained in Dermatology at New York University School of Medicine where she was a Chief Resident and continues to teach at NYU where she is an Assistant Professor of Clinical Dermatology.

Dr. Baxt treats all skin conditions, and specializes in cosmetic consultations and procedures. She has a particular interest in acne and rosacea, as well as skin cancer detection and prevention. She is a nationally recognized Certified Botox Cosmetic, Juvederm and Voluma Trainer and was one of the first doctors in the country to use Voluma for cheek augmentation. She performs Botox injections, facial fillers, chemical peels, Photorejuvenation, Isolaz acne treatments, laser hair removal, leg vein injections, Photodynamic therapy, V-Beam laser and Fraxel laser resurfacing.

Dr. Baxt is a Fellow of the American Academy of Dermatology and a member of the American Society for Dermatologic Surgery as well as the Skin Cancer Foundation. She lectures nationally on treatments for acne and acne scarring. She volunteers free skin cancer screenings through the Valley Hospital and is a staff member at Bergen Volunteer Medical Initiative, caring for underserved patients with dermatologic conditions.

For the fourth consecutive year, Dr. Rebecca Baxt is a recipient of the Top Doctor Award from (2011) *Health Magazine*. She practices with her parents, Dr. Saïda Baxt and Dr. Sherwood Baxt, at Baxt CosMedical® in Paramus and maintains an office in midtown Manhattan for patient convenience.



Baxt CosMedical® | 351 Evelyn St. | Paramus | (201) 265-1300 | www.cosmedical.com

JAMES W. GEUDER, MD

A good doctor should be more than a health care provider. A good doctor goes beyond examining and treating. He should teach the patient about their condition, how it developed, how it can be treated and what can be done to prevent further problems. This should be done in a comfortable and friendly environment.

At The Vein Center of Oradell, Dr Geuder personally examines, educates and treats all patients. The Vein Center of Oradell has an ICAVL approved vascular lab to provide immediate accurate testing. Nurse Patty Galitsis, R.N. has years of experience with vein problems and is certified in fitting compression hose.

Dr. Geuder has practiced vascular surgery in Bergen County for 25 years. He is a board-certified vascular surgeon who completed a vascular fellowship at NYU. He is a Clinical Assistant Professor in the Department of Surgery of New Jersey Medical School. Castle Connolly and *New York Magazine* have consistently included him on their "Best Doctor" list. He also has the Patients Choice Award which is based on patient's experience. "We make every effort to present a comfortable, friendly environment while providing the best medical care," he says. Most vein problems can be treated in the office with minimally invasive procedures. Visit our website: www.veincenteroforadell.com.



Vein Center of Oradell | 680 Kinderkamack Road | Oradell
169 Ramapo Valley Road | Oakland | (201) 262-8346 | www.veincenteroforadell.com

SANDRA GIRON, MD, FACOG

Top Doctor Sandra Giron is board-certified in Obstetrics and Gynecology and is dedicated to providing compassionate, expert care for women at all stages of their lives.

Dr. Giron joined OBGYN Associates in 2001. She received her medical degree from SUNY Syracuse Health Service Center, and she is also a fellow of the American College of Obstetrics and Gynecology. She provides a full range of services from family planning and pre-pregnancy visits to infertility testing and treatment, while also handling high-risk pregnancies compromised by blood disorders, obesity, high blood pressure and diabetes, through labor and delivery. "I think that, as a woman, my patients can more freely discuss certain subjects that they might normally be a bit hesitant about, such as heavy menstrual periods and post-partum depression. I feel honored that they are able to confide in me," she says.

We are proud to announce our new affiliation with Hackensack University Medical Group. Rounding out the practice are four additional female physicians and one male physician, plus Dr. Hugo Kitzis, who has been a trusted figure in medical treatment for the past 42 years. Until quite recently, he was delivering his third generation of babies. Dr. Kitzis is a fellow with the American College of Obstetrics and Gynecology, as well as the Medical Society of New Jersey. He is a proponent of hormone replacement therapy, using bioidentical hormones, and the Essure method of sterilization.

For added patient convenience, OBGYN Associates has a second office at 7400 Bergenline Ave. in North Bergen and a third office opening July 1 at 1005 Clifton Avenue in Clifton. The physicians and staff are fluent in English, Spanish and Hebrew.



OBGYN Associates of North Jersey | 20 Prospect Ave., Suite 805 | Hackensack | (201) 968-1800 | www.obgynnorthjersey.com

LAURENCE MILGRIM, MD

Dr. Laurence Milgrim is a facial plastic and reconstructive surgeon specializing in rhinoplasty, facelift and non-invasive plastic surgery such as Botox® and Juvéderm®.

With extensive training at Albert Einstein/Montefiore Medical Center, Mount Sinai Medical Center and the famed Laskey Clinic in Beverly Hills, Dr. Milgrim has perfected specialized techniques for facelifts and rhinoplasty that achieve a natural look. His surgical skills emphasize patient safety and ease of recovery.

Dr. Milgrim does not have a "signature" nose, facelift or necklift. Each patient is evaluated for a technique that will result in a natural look that is in tune with their facial features. He notes, "Facelifts are now performed in less time than when the procedure was developed. This has revolutionized plastic surgery and made it affordable for all."

Dr. Milgrim is board certified by the American Board of Otolaryngology - Head and Neck Surgery and the American Board of Facial Plastic and Reconstructive Surgery. This unique status is reserved for the few surgeons who are experts in both cosmetic and reconstructive facial surgery.

Dr. Milgrim has gained an international reputation as an expert in both surgical and non-surgical rejuvenation of the face and nose. He has garnered acclaim for his work and teaches at the local and national levels.

An innovative approach with long-lasting results is the hallmark of Dr. Milgrim's practice. "Seeing the confidence that rises from one simple change makes it all worth the hard work," he says.



Milgrim Plastic Surgery | 1 Degraw Ave. | Teaneck | (201) 837-2174 | www.milgrimplasticsurgery.com

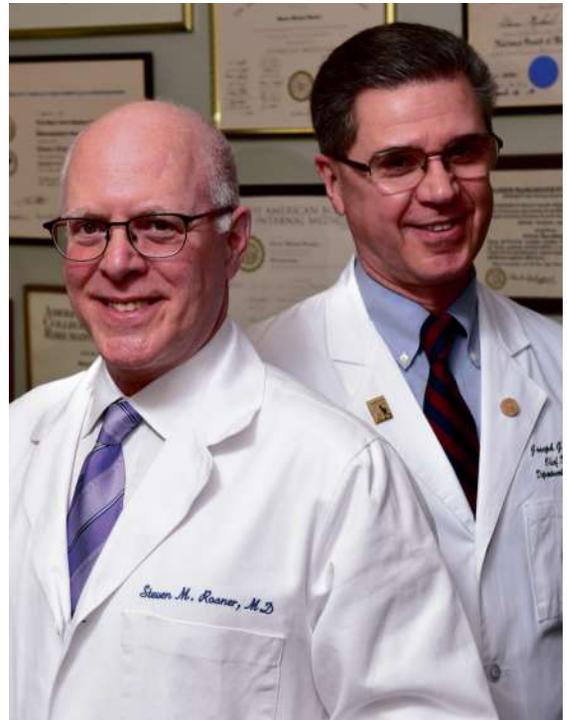
JOSEPH GIANGOLA, MD STEVEN M. ROSNER, MD, DABIM, FACR

Hackensack University Medical Group (HackensackUMG) salutes Joseph Giangola, M.D., and Steven M. Rosner, M.D., D.A.B.I.M., F.A.C.R., for being named as Top Doctors in Bergen County. Through their expertise and skill, they have made a difference in the lives of numerous patients. At HackensackUMG, our specialists work closely together, as well as with primary care physicians and other healthcare providers to deliver the best medical care to each patient.

Joseph Giangola, M.D. is board-certified in Internal Medicine. Dr. Giangola has devoted his career to improving the lives of people with diabetes. The devastating consequences of uncontrolled diabetes are no longer inevitable but can be avoided by education, self care and good medical management. It is possible to live well with diabetes.

Steven M. Rosner, M.D., D.A.B.I.M., F.A.C.R. is board-certified in Internal Medicine and Rheumatology. With more than 25 years experience in diagnosing and treating rheumatoid arthritis, lupus and other autoimmune conditions, Dr. Rosner has a goal to restore and maintain the optimal level of functioning for each patient. He embraces new treatments and technologies and is often the physician other healthcare professionals turn to when puzzling symptoms appear in their patients. He is also a certified clinical densitometrist, using in-house bone density scanning to diagnose osteoporosis.

HackensackUMG is a growing network of excellent primary care and specialist physicians and healthcare providers in northern New Jersey and Rockland County, N.Y.



Joseph Giangola, M.D. | Board-Certified in Internal Medicine
Hackensack University Medical Group | 277 Forest Ave. | Paramus | (201) 986-1881

Steven M. Rosner, M.D., D.A.B.I.M., F.A.C.R. | Board-Certified in Internal Medicine and Rheumatology
Hackensack University Medical Group | 452 Old Hook Road | Emerson | (201) 666-3900 | www.HackensackUMG.org

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